

PHSpirit

SPRING 2016



*A PUBLICATION FOR
THE COMMUNITY OF
PARACLETE HIGH SCHOOL*

The Catholic High School of the Antelope Valley





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PHS spirit

SPRING 2016

PHSpirit is published biannually by the Office of Institutional Advancement at Paraclete High School for alumni, parents and friends.

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Photo by parent Alex Aguilar.
Paraclete soccer team players listen to their coach, but are a little distracted by the Northrop B-2 Spirit (Stealth Bomber) fly-over!



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3rd Annual Grandparent Day

Our 3rd Annual Grandparent Day exceeded all expectations with grandparents coming from all over California as well as Texas, Minnesota, Indiana, Arizona, and Oregon. After a joyous and memorable Mass, PHS students and their guests enjoyed a scrumptious brunch from the CleteHouse Café. Campus tours were then given by proud students to even prouder grandparents!

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Michaela Reese with her grandparents Becky & Ron LaGrange of Indiana



Special Guest Monsignor Sal

Logan & Ryan Wegner with cousins Kyle & Avary Lathrop with grandparents Les & Martha Lathrop and Mike & Debbie Wozniak



Spirit Theater

Drama takes Romeo and Juliet to a galaxy far, far away

Paraclete's Drama Department continued its many years of excellence with *Romeo and Juliet* performed by the Drama Club and Drama Class. There were four casts, so that all the outstanding actors could be showcased. In the planning stages, there was a discussion of what kind of weapons to use. One student suggested light sabers. Drama teacher, Rick Hernandez said, "No, that would be ridiculous." Later that night he thought that would actually be the best idea. The setting changed from fair Verona to a *Star Wars* themed production. The script was unchanged and the characters were all true to the original, but costumes, music, and props took on the space theme. The students performed December 5-12th, 2015, the weekends before *Star Wars: The Force Awakens* opened in theaters to sold out crowds. The students did a really good job with their costumes and make-up. The drama program would like to thank the parents who helped out and all the student volunteers that worked so hard for this production.



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*Top: Teddy Grabiak and Olivia Lopez
Far Right: Michael Loria & Don Turner
Right: Aadonis Solomon
Below: Cast and Crew*



A Match Made in Heaven..It's Spirit Love!

Congratulations to all of the Spirit Couples! If you are an PHS alum who married an alum, let us know and send a photograph to JBower@ParacleteHS.org. Here's our recently compiled list:

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Katherine (Perry) '92 & Joe Billet '92
Lindsay (Harvey) '06 & Christopher Bostwick '06
Janet (Godde) '74 & Jeff Bower '75
Mary Jo (Mang) '87 & Paul Bozigian '79
Laura (Nottoli) '78 & Jon Bozigian '78
Laura (Grindey) '05 & Grady Brock '05
Sharleen (Garcia) '88 & Darrin Brooks '85
Hope (Wenzel) '78 & Kevin Brown '77
Shanel (White) '02 & Greg Burnias '02
Donna (Manke) '75 & Richard Caton '73
Aubrie (Horwedel) '08 & Tommy Caton '03
Ashley (Tillquist) '06 & Nick Christou '06
Mary (Fisher) '74 & Dave Collins '74
Wright (Taylor) '07 & Alexander Copeland '07
Megan (Lemos) '05 & Tim Cottage '05
Kathy (Orr) '67 & John Dailey '67
Jeanine (Slavin) '74 & Mike Day '73
Lindsay (Melich) '07 & Jake Dean '06
Debbie (Monti) '73 & Steve Dill '67
Sabrina (Albarran) '06 & TJ DiPrima '06
Bria (Fields) '06 & Brandon Evans '05
Regina (Cherney) '78 & Mike Farhar '76
Julie (Duran) '92 & Keith Fletcher '92
Brianna (Pagan) '09 & Kyle Foss '09
Anne (Didier) '76 & Paul Gaeta '73
Courtney (Duncan) '07 & Joe Gaeta '07*
Donna (Ferrini) '81 & Pete Galier '82
Norma (Huerta) '89 & Dan Garvey '89
Christine (Wegner) '86 & Randy Gee '86
Michelle (Overton) '78 & Dave Gutierrez '77
Robin (Shuart) '83 & Randy Harris '82
Susan (Maldonado) '73 & Joe Harter '73
Michelle (Lankford) '90 & Gary Hausman '90
Sharon (Harrington) '93 & Scott Heitman '89
Karen (Campbell) '92 & Rick Hernandez '84
Mary Rose (Manalang) '92 & Don Justice '90
Nikki (Mazzola) '93 & Marty Kever '84
Elizabeth (Holland) '06 & Wesley Lafever '06
Victoria (Mischel) '09 & Michael Lanski '09*
Amy (Takeda) '93 & Paul Lopez '93
Kacey (Beauregard) '04 & Matt Lowrey '02
Annette (Adams) '82 & Andy Lynch '81
Adriana (Noble) '07 & Todd Manley '07
Tyla (Podorski) '04 & Mark Mann '04
Rachel (Tellez) '99 & Morgan McGuire '02
Sarah (Perret) '00 & John McMurtry '00

Zohar (Ram) '93 & Derek McMurtry '91
Karen (Hawkins) '80 & Keith Miller '80
Alexandra (Ruelas) '06 & Tom Morrow '06
Susie (Garcia) '74 & Eddie Padias '74
Alicia (Parra) '98 & Vincent Pagan '96
Stephanie (Lomibao) '99 & Danny Parra '97
Jessica (Millar) '05 & James Phillips '05
Yvette (Niebla) '12 & Michael Pierson '12
Kamryn (Andre) '92 & Mike Pokorny '92
Suzanne (Fernandez) '91 & Stephen Rakoski '90
Erica (Ortega) '98 & Adam Rattay '98
Lisa (Chieffo) '73 & Colton Rickert '73
Chelsea (Kelly) '07 & Greg Romero '07*
Barbara (Zalewski) '70 & Tim Roslansky '69
Melanie (Barabasch) '04 & Steve Roth '04
Kim (Martin) '84 & John Rush '79
Cindy (Michael) '80 & Mike Rushing '81
Megan (Lowrey) '05 & Brett Siddle '05
Barbara (Callen) '77 & Bob Siqueiros (Garcia) '74
Michelle (Loria) '08 & Taylor Shirk '08*
Kylene (Denis) '02 & John Solorzano '01
Mary Beth (Alessi) '93 & Al Solorzano '93
Tammy (Logan) '87 & Scott Stice '86
Mary Kaye (Orlando) '70 & Robert Stuckey '69
Teresa (Neilson) '78 & Howard Tidwell-Hungate '78
Michelle (Shannon) '74 & Mike Toepfer '75
Ilsa (Nelson) '95 & Greg Toepfer '95
Mary Montano '03 & Tony Vigil '03*
Julie (Kahler) '72 & Michael Walneuski '72
Cheryl (Lathrop) '89 & David Wegner '87
Monica (Belvel) '89 & Paul Wegner '84
Ann (Redmond) '79 & Richard Wilson '79
Shelby (Wilson) '09 & Angelo Yacovelli '10
Sarah (Warren) '88 & Dan Yaroslaski '88

But the fruit of the Spirit is Love... (Galatians 5:22)



**Engaged*

Walk for Life West Coast

Paraclete High School students made the annual pilgrimage to San Francisco to attend the Walk for Life West Coast - the largest march on this side of the country. Our biggest group to date, 30 students, were accompanied by Father G, Mr. Keever, Mrs. Villalobos, Mr. Landa, and Mrs. Garcia, a parent volunteer driver and chaperone. The students were housed at Star of the Sea Catholic School, attended a vigil to pray for the lives of the unborn, and celebrated Mass at St. Mary's Cathedral. Then, along with 50,000 other pilgrims, they marched from the Civic Center Plaza down Market Street to the Embarcadero. This powerful event draws attention to the sanctity of life and our students gave witness to their commitment to protect the lives of the most vulnerable members of our society.



Paraclete students accompanied by teacher Mrs. Villalobos and Father G

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A Step in the Right Direction with SETP

Six students attended the Society of Experimental Test Pilots symposium (SETP) at the Disneyland Grand Californian Hotel in Anaheim in September. Highlights of the event included: test pilot Randy "Laz" Gordon spending the day with the Paraclete attendees as their special escort, listening to talks about testing aircraft to resist GPS jamming and spinning out of control, trying out the latest high tech helmet, and hearing the CEO of Lockheed Martin, Mr. Orlando Carvalho, speak on the importance of aircraft flight testing.

Submitted by: Mrs. Erickson



Paraclete students attend the symposium along with other attendees.

Super Signing Day for the Spirits

Thursday, November 12, 2015 was a banner day for the Paraclete Softball Team as five players from the Southern Section Division VI defending champions signed their National Letters of Intent to play collegiate softball. Having five sign at the same time was a first for Coach Margaret Neill.

Kailla Searcy signed with Division I Central Arkansas, which reached the NCAA Regionals last season. She is pleased that the school will allow her to study nursing while on her athletic/academic scholarship – something most colleges will not do.

Kaiya Epps-Lee is headed to Bethune-Cookman, a Division I college in Florida where she will play as an outfielder. Kaiya is torn between studying political science or biology.

Taylor Roberts, KaytLynn Johnson, and Ashley Fiorelli will play for Division II Adams State in Colorado. As young children, Taylor and KaytLynn joked about playing softball together, and now it will be a reality.

Taylor will study nursing, and is excited to be playing with PHS teammates...KaytLynn, Ashley, and 2013 PHS graduate, Kalin Johnson.

KaytLynn Johnson is excited to be playing softball with friends in college. She will study pre-med courses to become a physician's assistant.

Ashley Fiorelli loves everything about Adams State. She is going there with friends, but will miss her family, especially her little five year old brother Tyler – her biggest fan.

All five young ladies appreciate the family members and coaches that helped them get to this point. Signing their letters of intent with Spirit teammates made the day that much more special!



Standing from left Kaiya Epps-Lee, Kailla Searcy, sitting from left Ashely Fiorelli, KatLynn Johnson, and Taylor Roberts

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Saturday, April 9, 2016

at Marie Kerr Park in Palmdale, be there! Acknowledging Paraclete's 2015 Softball CIF title will take place between the scheduled games of 3:00 and 5:00 versus Alemany High School. After the second game, join Coach Neill and others to continue the celebration at a location TBD. Softball is currently accepting donations for new softball uniforms, if interested please contact Vicki Novelli (661) 943-3255 x128 or email vnovelli@paracletehs.org.

Some of our collegiate bound athletes.



More Spirits to Play College Sports

On February 3rd, the Paraclete Library was the site of additional athletic news as more 2016 graduates signed to play collegiate sports. La Sierra University bound Lexi Hierro is the sixth softball player to sign her letter of intent. Soccer player Tanner Gibson will be playing at Holy Names University. From the football program: Taylor Tuiasosopo will play for Montana State, Marcus Goforth will play for the University of San Diego, and Melquise Stovall is already at Cal (Berkeley) on his football scholarship.

Old School vs. New School x 2



Pictured from left to right (back row): Mike Swiech, Mike Ruiz '92, David Murray '93, Jake Swiech '13, Cory Konter '15, Brian Lathrop '93, Pablo Moses '15, James Cabrera '12, Mahlik Jones '13, Cade Brummer '11, Mylz Jones '12, Grant Vogenthaler '14, Tyler Carvalho '13, and Chuck Brummer
 Front row from left to right: Sean Bozigian '11, James Scanlan '14, Connor Rodrigo '12, Johnathon Hestlin '14, Marshall Siordia '11, Nick Stevens '11, David Metzgar '13, and Dylan Haugh '11

Bringing back the Alumni Baseball Game

Paraclete brought back the Alumni Baseball Game on Saturday, December 26th. The game was a celebration of our current players and alumni, many who have continued playing baseball after graduating from Paraclete. Andy Lynch '81, CIF Player of the Year 1980, threw out the first pitch. Many alumni turned out for the game, ranging from Mike Ruiz '92, Brian Lathrop '93, and David Murray '93 to players who recently graduated. The alumni team consisted of two professional players, three Division I players, one Division II player, one NAIA player, one player who has played professionally internationally and many other players who play junior college or club baseball. The alumni defeated our current players by one run. Thank you to the alumni and their families who came out to support this game. The next Annual Alumni Baseball Game is tentatively scheduled for December 24, 2016.



Girls Basketball Alumni Event December 2015

The Lady Spirits' first Alumni Basketball challenge was a great success! Over 150 spectators witnessed several skills contests between the teams. The Alumni Team won the free-throw contest against the JV Team and beat the Varsity Team in the 3 point contest. The Varsity Team won the dribble contest. One of the highlights was watching the moms compete against their daughters in a lay-up contest!

The actual game was packed with excitement and fun. With seconds left in regulation time, and the JV/Varsity Team up by 3, 50 to 47, Roxanne Dluzak, class of 2013 for the Alumni Team, hit a questionable 3 pointer (after reviewing the film, it was a 2 pointer) at the buzzer to tie the game. The Alumni Team went on to win in overtime 54 to 52 on two free throws by Courtney Fields, class of 2008.

Thanks go out to the returning alumni, Andy Gavel, and Greg Burnias for their assistance, and a special thanks goes out to our sponsors – Barry White (of Carpeteria) who served as the event MC, Hunter Dodge, Chicago Title, Carpet Tech, AV Champions/A+ Sports Academy, University of Antelope Valley, and all the people in attendance. We appreciate the parents of our players who helped make this event a success! Our deepest gratitude to all! We look forward to next year's challenge. Go Lady Spirits!

On the Alumni Roster: Alexandra Aguilar '15, Taylor George '12, Megan Valencia '15, Chelsea Jorgenson '11, Roxanne Dluzak '13, Tiffany Chu '13, Tiffany Murphy '12, Debbie Stevens '79, Erica Hernandez '00, Courtney Fields '08, and Lauren (Black) Morris '89.

Academic Decathlon Report



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The Academic Decathlon class had subject tests and speech competitions on January 30th and February 6th. The tests covered Art, Music, Math, Science, Social Science, and Economics. The speech competitions included Prepared Speech, Impromptu Speech, Essay and a Personal Interview. After preparing for a full semester with many students involved in multiple extra-curricular activities, twelve brave members of the class competed in the contests, and seven received academic medals:

Seniors: Eric Fedors (Silver in Science, and Bronze in Economics), Justin Schroeder (Silver in Music, Silver in Social Science).

Juniors: Jack Ringelberg (Silver in Essay), Edrick Sabalbuero (Bronze in Math).

Sophomore: Edward Sabalbuero (Bronze in Interview), Atira Shenoy (Silver in Essay, Bronze in Speech, Bronze in Art).

Additional participating students were Felicia Cruz, Alexander Perkidis, Michael Baughman, Sumeet Upadhyia, and Raphael Hinanay. Many thanks to our parent volunteer judges: Mr. & Mrs. Fedors, Drs. Shenoy, Dr. and Mrs. Perdakis, Mrs. Ringelberg, Mr. Cruz. Moderators Mrs. Bandziulis and Mr. Laden-sack are proud of their students!

In Memoriam...

May Christ support us all the day long...till the shadows lengthen...and the evening comes... and the busy world is hushed...and the fever of life is over...and our work is done. Then in His mercy may He give us a safe lodging, and holy rest and peace at the last. Peace to all members of the Paraclete Family who have departed through the mercy of God. (Cardinal John Newman)

Bryan Page '88 passed away in February 2016.

There's an AP (Class) For That

AP Courses Advance at Paraclete!

In response to requests of students, there will be five (yes, 5!) new Advanced Placement courses offered in 2016-2017. Although they will all begin next year, several years of preparation by the faculty and administration were involved.

The new courses are:

Spanish IV Honors and *Physics Honors* will become AP courses.

European History will be a new AP course open to students (sophomores and above) who were successful in World History Honors.

AP Economics and AP Government will combine to be a full year course with Mr. Gavel and Mr. Miller as team teachers pacing the material over both semesters.

AP Psychology will be added as a year-long course.

The addition of these five courses will bring the total number of **Advanced Placement offerings to thirteen**. Principal John Anson explains, "Offering the variety of these courses will provide options that address the college and career interests of our Paraclete students."



(L to R) Mike Fulmer (Psychology), Marty Kever (European History), Annette Olague (Spanish), Troy Miller (Economics), and Dan Pincetich (Physics) will be teaching our new AP classes.

Celebrations!



Current faculty member Brother Jeyaraj William was ordained by Archbishop Jose Gomez as a Deacon during a special Mass at Saint Junipero Serra Church in Quartz Hill in December. If all goes well, Deacon Jey could be ordained as a priest after six months serving as a deacon.

I will make them and the places surrounding my hill a blessing. I will send down showers in season; there will be showers of blessing. (Ezekiel 34:26)

Saint Serra Parish (Quartz Hill) Pastor Fr. Leo Dechant with Deacon Jeyaraj William

Reunions

Class of 1995 Reunion!

In October the Class of 1995 celebrated an exciting 20-year reunion weekend with a kick-off at the Paraclete Homecoming Football Game on Friday night followed by drinks and good cheer at Schooners Patio Grille. The two-night event culminated in another event at BeX on Saturday night. Classmates showed up with a few items from the 90's including: letterman and cheer jackets that have been collecting dust since that time and an unwavering, familiar, and exorbitant amount of class spirit. It was a time for reminiscing, sharing memories, and large amounts of laughter. It was about reconnecting beyond an occasional post on social media. It was the opportunity to build or re-build bridges and get to know someone a little better in the NOW.

As we closed our Reunion, there was a palpable sense of connection with the class and a desire to participate in Paraclete's vibrant community more in the future! To keep up with the Class of 1995:

Paracleteclass1995@gmail.com or via the Class Facebook Group at <https://www.facebook.com/groups/792481824127768/>.

Note: Thank you to the Class of '95 for the monetary gift to Paraclete High School!



From the left: Kim Juday, Megann Clark, Johnny Ruiz, Rachel Norton, Steve Dombrowski



Class of '95 at the 2015 Homecoming Football Game



Front row (left to right): Omar Chavez, Carla Corona, Jillian (Lopes) Jayakumar, and Sheila Lomibao Mascardo, back row (left to right): Mary (Banner) Wildemuth, Jehan Jayakumar, Sam Price

Class of 2006

Class of 2006 reunion will be held at the Embassy Suites, 39375 5th St West, Palmdale on Saturday, November 26th at 6:30 PM. Email the reunion committee at paracletehsclass2006@yahoo.com for more information. Classmates Rebecca Resnick, Jessica Boardman, Jaclyn Hernandez Quiton, and Tristan Dorsey Newman are organizing your reunion! See the Class of '06 Facebook page (<https://www.facebook.com/groups/1447186712256320/>).

Classes of 1976, 1986, and 1996

If you have any interest in organizing your class reunion, contact Janet Bower, alumni coordinator, to help you! JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

Joe Sanchez, Sam Price, Lance Lanfear, Raul Gutierrez, Jason Lindaman gathered for breakfast at Crazy Otto's



Left side (front-back): Raul Gutierrez, Rhiannon (Spykerman) Shinkle, Megann Clark, Back Row: Breda Pulliam, Mike Crow, Sam Price Right side: (front-back): Christy (Wilkins) McWilliams, Suzanne (Bass) Mitchell, Anita Gutierrez, Lance Lanfear, Sam Price

Making a Difference

If it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully. (Romans 12:8)

Bianca Lennarz from the class of 2011 is making Paraclete proud. She shares: “Since I have been so extraordinarily busy over the last four and a half years, it really seems as if my time since Paraclete has gone by very quickly. My academic life has been, and continues to be, very demanding and full of activity, while successfully keeping up an extremely rigorous schedule in order to achieve my personal goals.

“Immediately after I graduated from high school, I was granted acceptance into my long-time dream school of University of California Los Angeles (UCLA), as a Neurobiology (Pre-Med) major, with a minor in Spanish Language, Literature, and Culture. The four years which I just recently completed in May 2015 kept me very focused upon my studies and allowed me to proudly earn my first degree in the sciences, not an easy task. But, I believe that this will turn out to be the first major stepping stone toward the open doors of opportunity in the future.

“Additionally, throughout the last two years of my attendance at UCLA, I was very involved in a research project within a neurophysics laboratory, where I was granted with the investigation, analysis, and management of my own individual portion of a globally unique project, and voluntarily contributed on a daily basis within their esteemed ‘UCLA Department of Neurobiology - David Geffen School of Medicine, Brain Research Institute.’

“This complex independent research project involved studying the neural mechanisms underlying the allocation of visual attention, how moving stimuli are encoded and remembered in the brain, and how neurons in the parieto-frontal attention network process information in order to guide the allocation of covert attention and eye movements. The exciting result of my direct involvement is that by 2016, this scientific study which was completed by myself and my colleagues should have been published in esteemed journals worldwide, with my name also listed as a major contributing author!

“During the summer of 2014, I was invited to go to Washington D. C. in order to attend a symposium, and through my association with the National Alliance for Hispanic Health, I had the extraordinary opportunity to present this same research in front of an academic and professional audience at the National Institutes of Health (NIH) headquarters in Bethesda, Maryland. Furthermore, in July 2015, my research group at UCLA also arranged for me to attend the week-long annual 2015 Vision Sciences Society (VSS) national conference in Florida, in order to present and field questions regarding an abstract of this same research project to a similar group of scholars and professionals gathered from around the world.

“I have also dramatically broadened my scope of volunteer activities by participating on an international level. During the period of my Winter 2012 school break, I accompanied a Pre-Med oriented school group known as Bruins Without Borders, made up of a select group of other highly qualified University



of California students, as well as several UCLA medical doctors and dentists, and regional medical support staff, in order to represent and assist the well-known all volunteer organization called Global Medical Training – International, within several impoverished rural areas in the Central American countries of Nicaragua and Honduras.

“At these preplanned clinics, I employed my linguistic skills and basic medical training to assist, along with my other group members, in the service of literally hundreds of extremely needy patients per day, providing them with necessary free medical and dental examinations, medications, and further important preventative instruction, which would normally be inaccessible to them. Through this incredible experience, I was given an even more unique opportunity to directly participate in hands-on diagnoses and treatments, under the supervision of experienced medical and dental professionals.

“Recently, in September 2015, the next important step of my academic journey came to fruition as I launched my pursuit of a Master of Science degree by being accepted at the University of Southern California (USC) - Keck School of Medicine as a medical physiology graduate student. There, I am currently doing research on an independent project regarding the immune cell network of inflammatory responses of osteoarthritis, along with studying the endocrine responses of autoimmune diseases related to the lacrimal gland. As of the present time, this specific research is unique to myself, and has never been done before by researchers...I am the first!!

“So far, I believe that the path which I am taking will be beneficial to me in the drive toward reaching my ultimate goal of having the opportunity to attend medical school, and to eventually become a physician. Looking back, I know for a fact that my Paraclete High School education has played an important part in initially preparing me well for academic success at the university level. During my four years there, I was extremely fortunate to have had many excellent teachers, but I would especially like to give credit to Ms. Centeno, Ms. Nichter, and of course Mr. Fangary, for constantly challenging me and for their support.”

Principal Thoughts



Dear Paraclete Family,

At Paraclete, we carry on the tradition to remain committed to our students' journeys from their high school experience to lives of success, happiness, and significance. Soon we will introduce the Class of 2016 – the 50th senior class – to the ranks of alumni, and we reaffirm our efforts to provide exceptional educational experiences befitting our proud tradition.

We continue to embrace our founding and recently refreshed values – Spirit in Christ, Spirit as Family, Spirit of Knowledge, Spirit for Success, and Inspired to Serve. At the same time, we are keenly aware that we must incorporate the latest technology and offer top-notch classes (five new AP classes will be offered in 2016-2017!). Our 98% college placement, opportunities for Christian service, and challenging curriculum based on our values and yet adapting to the demands of today reveal that Paraclete is always changing, and always renewing, while remaining true to our mission.

Each year we strive to keep our students at the forefront with our technological advances, oppor-

tunities related to academia and travel (with our partnership with the United States Air Force Research Lab and the upgrades made to our labs), a robust religion program offering opportunities for leadership and spiritual growth, and the many extracurricular activities. All of these benefit our students and set their path to thrive. Paraclete is a community where students feel the genuine care and concern for others, enjoy the enthusiastic support in activities, and delve in head first into the vigorous academics atmosphere... a happy community where students work, pray, and play.

We have a steadfast Catholic tradition of 50+ years and over 5,800 alumni who display our values with their families, in their career, and in their involvement in the community. We have teachers who teach with passion and compassion, and with challenge and encouragement. We have students who continue our tradition of excellence with enthusiasm.

Continue this tradition of excellence by helping us with our mission. We ask that you contribute to the Paraclete Annual Fund to help the Father Biasio Endowment Fund grow. This Fund helps with financial aid to Paraclete students...making a difference in their lives. Please remember that it is not the amount that you give, but that you give.

At Paraclete, we want to share our message, our direction, and our passion with all! Thank you for your prayers, love, and generosity.

Yours in Christ,

John Anson
Principal

*Thank you to parents who no longer
have current
students who are still
helping with bingo!!!*

Michael McGuire Scholarship Fund

*What a blessing to have the Holy Spirit in our lives as our Paraclete -
“One called to the side of another.” John 14:16*



Brothers Rick and Mike McGuire

Michael McGuire was a loving husband, father, teacher, coach, and storyteller. It was at Paraclete High School that Mike got his first teaching job, while also coaching football, track, and golf. It was at Paraclete that Mike met his life-long best friends, Robin and Lyman. Mike discovered the joys of teaching as well as the elations of coaching. He was instrumental in creating the Advanced Placement U.S. History and Advanced Placement Government programs at Paraclete. Top Social Studies students receive the esteemed Mike McGuire Social Studies award each year. Mike loved counseling, tutoring, and supporting his Paraclete students; it was a very difficult decision for him to leave Paraclete.

His brother, Rick McGuire, is a current teacher and coach at Paraclete. Rick met his wife Suzanne while helping his brother Mike coach football. When Michael McGuire died suddenly last year, it was a shock and a blow to many within the Paraclete family. At the memorial service, many friends from as far back as 1977 came and spoke about Mike. Former students and some who could not attend the memorial, penned touching letters to his wife Nancy. Nancy shared, “The Holy Spirit, the Paraclete, resided with them long after they left the school.” They felt the Spirit in their life experiences and friendships.

Reading this you may ask, how can the Paraclete High School experience reside in one’s life? The answer is this: After Jesus announced to His disciples that He would be leaving them soon, Jesus gave them a statement of great encouragement: “And I will ask the Father, and He will give you another Counselor to be with you forever—the Spirit of Truth” (John 14:16–17). The

Greek word translated to “Comforter” or “Counselor” (as found in John 14:16, 26; 15:26; and 16:7) is parakletos. This form of the word is unquestionably passive and properly means “one called to the side of another.” This word carries a secondary notion concerning the purpose of the calling alongside: to counsel or support the one who needs it. This Counselor, or Paraclete, is God the Holy Spirit, the teacher.

To teach at Paraclete is desirable to many teachers because they are able to share, discuss, and experience faith with their students. It is a luxury to teach in a small faith filled environment while experiencing the joys of the Paraclete community. Students come back to the Paraclete campus for this comfort, this support, and many for additional college counseling. Nancy McGuire wanted to honor her husband Mike in a meaningful way, a way for his spirit to live on. The Michael McGuire Scholarship fund was created to honor his love of teaching and to honor his love for this school.

This fund was created to award a deserving student or students additional financial support towards a Paraclete education. This support allows a child to have that advocate, that teacher, that counselor, that Paraclete High School experience. We thank the McGuire family for this thoughtful and meaningful gift. The teacher Michael McGuire continues to be remembered in the hearts of the Paraclete students being served.

If you would like to donate to this scholarship fund please send your donation to ATTN: Michael McGuire Scholarship Fund, Paraclete High School, 42145 30th Street West, Lancaster, CA 93536. Thank you.



Mike and Nancy McGuire

Thanks from the Paraclete PPO

The Paraclete PPO would like to thank the following businesses for generously donating to our 2015 Vegas Night fundraiser. Without their support, we would not have had such a successful event!

1800 Burritos & Tacos
Agua Dulce Winery
ATA Martial Arts
AV Country Club
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Dawn Martino
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City of Palmdale
Clearview Eyecare Optometry
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Crossfit
Dance Magic
Decadence Day Spa
Deluxe Nails
Disneyland
DIY Home Center
Double D Cupcakes
Dr. Theurer Orthodontics
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Five and Dime Candy Store
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Lancaster Honda
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Lemon Leaf Café
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Lucky Luke Brewing
McDonald's- Laddaran Mgmt
Michael Anthony Salon
Michaels Wellness Center
Monster Fitness
Mulligan Family Fun Center

My GoGo Yoga
Olive Garden
Paint A Dream
Palmdale Trophy
Mr. Keever
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Quartz Hill Garden Center
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Red Lobster
Rubio's
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The Camp
The Yoga Roots
Tire Express
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Winnell Industries
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Yvette Epps-Lee

Thank you to our Paraclete Business Partners for your support!

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Westside Tan

Ways to Give



Is Amazon one of your favorite places to shop? Check out AmazonSmile – a VERY easy way to fundraise for Paraclete! It’s an opportunity to support our school with your purchase at no cost to you.

Logging in to www.smile.amazon.com uses the same user name and password as on the regular Amazon site. Prices and product selection are the same, too. The difference is that each user can choose an eligible charitable organization to receive .5% of the price of your eligible AmazonSmile purchases. Paraclete High School can be your choice.

What a simple way to make a difference doing something many of us already do! For more information on this program, visit www.smile.amazon.com or contact Janet Bower at Paraclete at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

Join Red Robin Royalty and help Paraclete earn some cheddar! If you’re an existing member, sign in to your Red Robin royalty account and select Paraclete High School. If you’re a new member, to sign up just text JOIN and your email to 98666. Red Robin Royalty members also get several food rewards. Learn more at www.REDROBIN.COM/BETTERSCHOOLS .



Benefit Mobile App Pays with Purpose

Load the Benefit Mobile App today!

Select Paraclete as your choice to support!

Benefit Mobile is a digital gift card platform that funds the things that matter most through everyday transactions. Cards are purchased and delivered within seconds to the mobile app for immediate in-store redemption. Each purchase earns up to a 20% rebate that is sent to Paraclete High School.

It’s free and can be used to pay for your everyday purchases from retailers like Target, Wal-Mart, The Home Depot, and American Airlines, just to name a few. All the information about the program and everything you need to get started can be found by going to www.benefit-mobile.com/escrip.

Questions? Contact Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.



Paraclete Family! Please register your credit, debit and ATM cards as supporters with the eScrip program. Following receipt of registration, a percentage of all purchases made at eScrip merchants will be given back to Paraclete High School.

Please log onto www.escrip.com and go to “sign up.” Paraclete’s school ID# is 6668039. Register any cards that you use – VISA, MasterCard, American Express, Discover, debit and ATM cards.

There are two ways to fundraise for Paraclete through eScrip:

The first is the Dining Out Program:

Dine at any of the restaurants affiliated with eScrip and pay with one of your registered cards. Local establishments include Black Angus Steakhouse, Texas Cattle Company, Fresco II, and Sushi Zen. There are several restaurants located in the Santa Clarita area that participate also. Click on this link for a complete list of local restaurants: <http://escrip.rewardsnetwork.com/search.htm?q=93534&e=> Up to 5% of your check will benefit Paraclete High School.

The second way

is to begin all your online shopping using eScrip’s Online Mall. Check out this link: <https://shopping.escrip.com>



Many popular retailers are part of eScrip’s On-Line Mall including Amazon, Apple, Macys, Microsoft Store, Nordstrom, PETCO, Staples, Sephora, Starbucks, Target, and Home Depot. Travel websites are also part on the On-Line Mall including Expedia, Hotels.com and much more. PHS receives up to 4.8% of orders placed through eScrip’s On-line Mall. Call Vicki Novelli at 661-943-3255 x128 or Janet Bower at 661-943-3255 x111 with any questions.

Faculty & Staff News

Retiring from the Paraclete Family

Mrs. Marlene McShea

“In gratitude to the Paraclete Family – I enjoyed my tenure at Paraclete High School the last ten years, and my years at St. Mary’s School. I have many fond memories which all of you helped create. The Science Department has made many dynamic steps forward and I am happy to have been a part of this wonderful progress. I am confident this progress will continue. I will be retiring at the end of this school year. I look forward to being part of Aircraft Avionics Flight Test consultants, and to being an AP reader. Until we meet again and thanks for everything! Auf wiedersehen!”

Marlene McShea, BSN, MSN
Science Department Chair



(L to R) Ethan Hund, Reno Wilson, Natalie Gaharan, Mrs. McShea, Pete Huang, and Kimberly Cood pose with retiring teacher

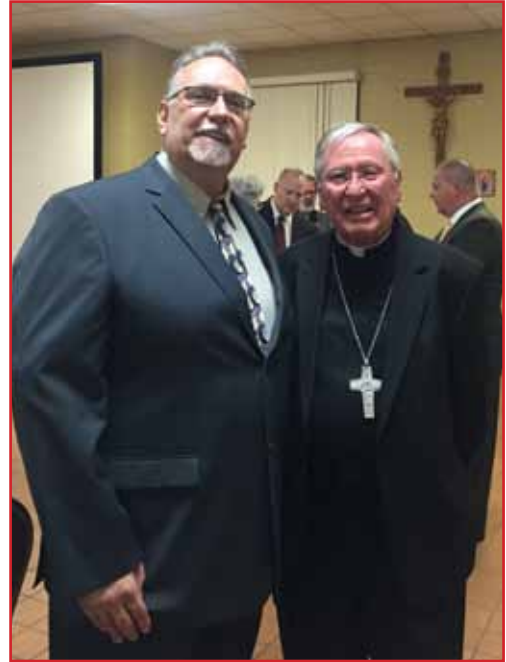
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PHS Spirits Dance Team performed in the Lancaster Christmas Parade. Dance Team members are Breanna Cacho, Etasha Caston, Amanda Cecil, Sky Cox, Emma Deuschle, Aubrey Gilman, Taylor Hoffman, Lexie Jorgenson, Laine Judge, Genevieve Mazzeo, Cammi Norville (captain), Samantha Rezapour, Victoria Saenz, Elizabeth Salvatierra, Fernie Salvatierra, Tyler Serna (captain), and Amiya Thompson. Helping the ladies with their banner: Nicholas Castellanos and Adam Silverman. A big thank you to Mrs. Castellanos, the dance team moderator, for helping the team show their school spirit to the Antelope Valley community!



Key Club volunteers gathered to work on the creation of a Rose Parade float.



Principal John Anson with Bishop Gerald Wiklerson

Bishop Gerald Wiklerson, the Auxiliary Bishop Emeritus of the San Fernando Pastoral Region (includes the Antelope Valley), celebrated his retirement with family and friends on February 6, 2016 at Bishop Alemany High School. Many Paraclete students became soldiers of Christ under the confirming hands of Bishop Wiklerson.



Frosh Cheer photo: from left – Kayla Bolin, Autumn Hicks, Taylor Richardson, Nicole Hidalgo, Ariana Hattar, Amanda Soto, Meagan Coffey, Cassie Buckley, Danielle Garland, Kacey Hamil

So Long to Norm Dahlia

Volunteer coach Norm Dahlia leaves Paraclete after ten years with the football team as he retires to North Carolina. We wish Norm, his wife Lori, son Dominic, and the rest of his family well as they venture to the east coast.

Welcome Dean Herrington

We welcome Coach Dean Herrington as our new varsity football coach. Dean comes to Paraclete via Hart High School, College of the Canyons, and Bishop Alemany High School. He brings a wealth of football knowledge, experience and success, and is committed to building a program in support of our academic programs. He is the perfect fit for Paraclete. We look forward to Paraclete football with the class of Dean Herrington.



Alumni Profiles

1999 Denise Yusuff attended Cornell University and received her Bachelor of Science in Rural Sociology in May 2003. She then attended Hamline University School of Law in St. Paul, MN where she received her J.D. in May 2006. Her concentration was in Alternative Dispute Resolution. While in law school she completed a certificate program in Global Arbitration Law and Practice: National and Transborder Perspectives at The School of International Arbitration, Queen Mary, University of London. She has been with Thomson Reuters for eight years and she is a certified E-Discovery Specialist. In addition, she is a mediator and volunteers for Centinela Youth Services, Center for Civic Mediation and CALM. She recently opened her own mediation practice in Palmdale- Denise Yusuff Mediations. As part the services she provides, she also teaches conflict resolution workshops aimed at helping individuals deal with conflict encountered in everyday life.



[Denise held an open house on February 29th in Palmdale to discuss her mediation practice and her negotiation and conflict resolution workshops. Her goal for clients is to help foster an environment where mediation resolves disputes in a manner that preserves the relationship and saves the individuals involved time. Contact Denise at (424) 262-4196 or denise.yusuff@gmail.com if her services could be of help to you.]

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From UCLA's The Daily Bruin... *Redshirt Senior Roosevelt Davis Balances Football, Nursing Aspirations*

By Claire Fahy (condensed by PHS editor)

“**Roosevelt Davis** [Paraclete class of '11] never fit into a mold. Standing at 5-foot-7 and 165 pounds, his physique is not one of a typical football player. Neither is his career path, as the fifth-year political science student aspires to trade the football field for the medical field by pursuing a master's degree in nursing.

“Balancing hours of practice, weights, film and team meetings in addition to demanding classes can be difficult, which makes Davis' professional aspirations unusual. Davis, however is no stranger to taking the road less traveled.

“Initially headed to Arizona State after being offered few attractive football scholarships, a phone call from UCLA in May of his senior year of high school redirected Davis' course entirely. Three years after the running back walked onto the UCLA football team, Davis became a scholarship player, appearing in all 13 games.

“Roosevelt is one of only two football players working towards a nursing career. While nursing students log 12-hour shifts in hospitals, Davis often spends the same amount of time in the weight room, meeting room or intramural field. He said focus and sacrifice have been crucial to his success both on the field and in the classroom. His teammates see him as a leader in practice, a so-called 'Practice MVP,' which Davis believes will translate to his future profession. 'With football, you're a brotherhood so you care for each other, so (it's) just caring for others like you care for your brothers on the team,' Davis said. 'I love people and just being able to help other people like I help my team – it's not all for yourself. I'd be able to help people by being a nurse or anesthesiologist or whatever my pathway turns out to be.'”

For the full article see:

<http://dailybruin.com/2015/10/06/redshirt-senior-roosevelt-davis-balances-football-nursing-aspirations/>



Staying Connected

1975 Dan Pagnella left Paraclete in 1973 (but will always be part of the class of '75) and served in the U.S. Navy on the aircraft carrier USS Constellation. Dan shares, "While in the US Navy while on the flight line I learned how to maintain and service a variety of air-frames for our squadrons for deployment servicing F4s, A6s, and A7s off the coast of Vietnam for long periods of time. I remember 14 hour shifts around the clock. I received my Associate Degree in 1976 at Olympic College while stationed in Bremerton, WA. I stayed in the aviation field working for the Naval Civil Service, Fairchild Aerospace, Aerotest Aviation, and Rockwell International to name a few. I also received my A & P (Aircraft/Powerplant license) attending Cerro Coso College in the early 80s.

"I went back to college and received my Bachelor of Science Degree in Business Management in 2003. That was a difficult challenge, working full time and attending class in the evening five nights a week. It wasn't necessary for my position, but was a personal goal I had set for myself. I retired as general manager from the aviation field in 2012, after working closely with the FAA for two major aircraft fire suppressant safety system companies for over 20 years. I am legally deaf due to the hearing loss I acquired during military service off the coast of Vietnam.

"My wife Kay Marie and I have six children: Danny Jr, Katrina, Francine, Mikael, Matthew and James. Kay has a Bachelor degree in psychology and works as a para-educator with the Lancaster School District. We have four grandchildren: Lily, Dan III, Lyvea and new born Nolan from my youngest daughter Francine.



Dan & Kay Pagnella with their '38 Chevy truck



Dan & Kay at Paraclete's 2015 Homecoming game

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"In 2009, my family and I picked up a hobby restoring vintage vehicles. It keeps me busy. We purchased a 1957 Chevy Del Ray frame with some parts and began a restoration. It took us over four years to complete. We take her to many local car shows. Our second project was a 1938 Chevy truck that my wife always wanted. "The truck we found has a lot of history. We found it locally in a man's backyard, where it had been stored for over ten years. The truck was a rust bucket (lots of patina), and had nothing but the cab and doors. What was unique is that it had the original pink slip, and had been previously owned by a man named Forrest Godde [Janet Godde's (class of '74) cousin]. The man I bought it from said, "He [Forrest] used it during the early days in the almond fields." This 1938 Chevy took us almost four years. It is modified as we put in Jaguar front and rear suspension. It's a work in progress but my wife recently won her first restoration award with it. We are getting ready to start on a 1966 Chevy El Camino that has been sitting in our back yard for over ten years.

"I would like to add that although I had a very difficult childhood, the short time I was at Paraclete changed my life. I can attribute that to the friendships I made and the mentorship of Father Biasio. Father Biasio got me into track and his coaching/leadership developed in me a can do attitude and persistence to succeed that made a huge difference. I was a challenge for him, but his faith kindled mine and I am truly grateful for it."

Staying Connected



1984 Marty Keever and 1993 Nikki (Mazzola) Keever were happily married on July 31, 2015 by Fr. G at Saint Serra Parish in Quartz Hill. They celebrated their marriage with a family reception in Mammoth. Mr. and Mrs. Keever teach at Paraclete High School.

1984 Karen (Buckley) Springer As we look to add to our list of alumni in the military, Karen responded. "I am a veteran of the U.S. Air Force. I also graduated from the University of Redlands with a BA in Management and a currently a grad student at USC earning my Master in Public Administration (Class of 2017). I work at UC Riverside and am the founding chair of the faculty and staff Veterans, Military Members, and Families Group. Thanks for celebrating our military community!" Thank you Karen!



1988 Cheryl (Cieslik) Keeline reports that everything is good in Marietta, Georgia. She and her husband have a daughter who is a freshman at Concordia University in Irvine, California. She is a scholar athlete on the tennis team. Their son is a sophomore in high school and plays baseball. Cheryl adds, "I think one of the Kerzie brothers (PHS alumni) live in Marietta too, so kind of a small world!" Truly it is!

1990 Danielle (Anderson) Trumbo carries on the tradition of sending her kids to Paraclete (she's a member of a three generation Paraclete family!). She enjoys working with the athletic boosters and making friends, just like her time at Paraclete.

1991 Tara Monaghan Frailey and her family have moved again. "My husband, Brody, completed his tour as the Commanding Officer of the USS ALABAMA Submarine and we are now residing in Omaha, Nebraska. My oldest son is a freshman at Creighton Prep in Omaha and my other son is at Saint Mary's out here. We are settling in, but will still be shocked when the cold weather finally hits. Until then, we are enjoying a nice mid-western fall."



1992 Scott Hayman "I am serving in my fifteenth year of US Navy service. I am an Electrician's Mate Chief Petty Officer. I am currently serving on the submarine, USS SEAWOLF (SSN-21) as the Electrical Division Leading Chief Petty Officer, stationed in Bremerton, WA. I just got back from a deployment that brought the submarine to surface at the North Pole. I have been married to my wonderful wife, Michaele (pronounced Michelle), for 16 years. We have three boys that we home-school, Elijah (16), Samuel (12), and Isaac (10). We currently reside in Silverdale, WA."

1993 Melanie Marriott Littleton Melanie's mother, Mrs. Katie (Didier) Marriott '67, shared this news. "Just wanted to let you know that my daughter Melanie Marriott - just received her diploma for Masters in Nursing, Family Nurse Practitioner. She was recently married in Yosemite to Jordan Littleton. We are so proud of her!!!!"



Melanie & Jordan with Griffin, 2 and Pepper, 3.

1995 Steve Dombrowski and his family attended the Homecoming football game courtesy of his raffle prize from the Booster Club's Golf Tournament. He's been married for nine years and has a three year old daughter Olivia.

1995 Rhiannon (Spykerman) Shinkle happily lives in San Diego with her husband and kids Tanner (13) and Tatym (11).

1995 Suzanne (Bass) Mitchell has a daughter named Lucy who turned one this past Halloween! They celebrated with husband Jason and son Quinn. Suzanne teaches 4th grade in San Diego.

1995 Lance Lanfear 'had a fantastic time at the 20 year Reunion! "Yes, we all have Facebook, but it doesn't beat seeing familiar faces in person. It was great to see how we've all grown, matured, developed, changed, etc. Everyone that didn't make it was missed, and special thanks to all who made the reunion happen!"

"This last year was highlighted by working mainly as an Assistant Director on an amazing AMAZON STUDIOS kids/family show called "GORTIMER GIBBON'S LIFE ON NORMAL STREET." I would recommend it to any parent to watch with their kids. Proud to announce I've been nominated with the Director's Team for a DGA Award this year under 'Children's Programs' for my work on it!!! And GG has taken 4 of the 5 Writers Guild Awards nominations this year - it truly is a special show.

"It was just announced that the indie feature SHOVEL BUDDIES with Bella Thorne will premiere at the South by Southwest (SXSW) Film Festival this year. I just completed photography on the re-shoots as the Line-Producer this month.

"In personal news, I have two young boys running my house. Benjamin (2.5) & Carter (1) are my true joy in life. I hope to make a fun webisode with them soon. But in the meantime, enjoy the Facebook photos/videos :)."

1997 Fr. Tim Klosterman In July of 2015, St. John's Seminary welcomed a new member: Father Tim Klosterman of the Archdiocese of Los Angeles. Prior to the new appointment, Father Tim earned his Masters in School Administration from the University of Notre Dame and ministered for the past 3 years at Cantwell-Sacred Heart High School in Montebello. Fr. Tim now serves as the new Director of Students at the seminary.



1999 Rachel A. (Tellez) McGuire '99 has received her Accreditation in Public Relations (APR). The accreditation program aims to improve the practice of public relations by assessing competence in 60 areas of knowledge, skills and abilities associated with the profession. Rachel successfully completed the rigorous year-long process, which included a portfolio presentation in front of an APR panel of three peers and the computer-based exam.

"Earning the APR reflects a mastery of the knowledge, skills and abilities needed to succeed in our increasingly complex profession," said John E. Forde, Ph.D., APR, Fellow PRSA, 2015 chair of the Universal Accreditation Board. "Practitioners who achieve the designation are demonstrating their commitment not only to our profession, but also to a strong code of ethics and betterment of their organizations and clients."

Rachel works as the public information officer (PIO) for Western Municipal Water District, which represents a population of nearly 1 million in western Riverside County. She has also been a leader in state-wide government communications, serving on the California Association of Public Information Officials board since 2008 in the role of president, past president, vice president – awards and vice president – conference. Additionally, she holds a B.A. in Communications Studies from the University of California, Los Angeles and a M.B.A. from the University of Redlands.

"Since I began my career in communications more than a decade ago, it has always been a goal of mine to receive my APR," McGuire noted. "As a PIO, I value a solid ethical, strategic and managerial approach to communications, and I am looking forward to encouraging colleagues to also receive their accreditation."

The Universal Accreditation Board, a consortium of nine professional communication organizations, directs the APR program. There are more than 4,000 accredited public relations practitioners.



2001 Tiffanie Marley and former PHS teacher/coach sent in this update: "I actually bought my own house with a lake and green belt in my backyard. You should see all the wildlife: deer, turtles, ducks, snakes, fish, foxes, and various birds. I'm loving Texas and thoroughly enjoying it. I'm teaching at St. Dominic Savio Catholic High School in Austin. This year I'm teaching Algebra I and Geometry. I've definitely been challenged, grown spiritually, and am fulfilling my goals personally and professionally. This spring I will be working towards being an administrator.

"Running is progressing and I'm on a team competing regularly. Nothing impressive, but hopefully next year I'm focusing on some prestigious races.

"I do miss everyone dearly, Paraclete's traditions, iPads (we're a BYOD school and I assisted in bringing in Microsoft Surface Pro 3 for all the teachers, even though iPads are better.). Paraclete has always been my "home!" I enjoy looking at Paraclete's Facebook page to see how things are going and talking with various people." Tiffanie was recently the first woman finisher for the Austin Half Marathon 2016!

Staying Connected

2005 Heidi Rocha Witte “We just moved across the country to Indiana! My husband Mark just accepted a position in the Advanced Digital Media Department at the University of Notre Dame, where we attended college and met each other. As we get settled in the Midwest, we are thrilled with this opportunity and are looking forward to this new chapter of our lives. “In other news, my husband and I welcomed our first baby into the world this past March (St. Patrick’s Day, to be exact--quite fitting for our Fighting Irish family!) Our little blessing is named Grace Juliette.

“The accompanying photo is of us at The Grotto at the university with Grace, who is almost 7 months old now (time is flying!). The Grotto on campus at Notre Dame is a replica of the one in Lourdes, France, honoring Our Lady of Lourdes. It is a special place on campus, and extra special to our family since my husband proposed to me there!”



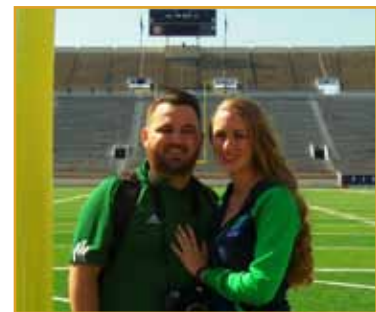
2006 Darren Fernandez serves in the Office of Civil Rights Evaluation at the United States Commission on Civil Rights (USCCR). The USCCR is an independent, bipartisan, fact-finding federal agency, with a mission to inform the development of national civil rights policy and enhance enforcement of federal civil rights laws. Darren is responsible for writing civil rights policy analysis reports that are submitted to Congress and the President. Additionally, Darren serves as the Chief Editor of the USCCR Journal on Civil Rights. Darren has considerable experience in civil rights law, EEO, and public policy analysis. Darren received his B.A. in Economics from Pennsylvania State University and his Juris Doctorate from the Michigan State University - College of Law. Darren is a licensed attorney and a member of the Maryland State Bar Association. Previously, Darren worked in the Office of General Counsel for the National Association for the Advancement of Colored People (NAACP).

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2007 Chelsea Kelly and Greg Romero were engaged on August 28th 2014 (Greg’s 25th Birthday) and will be getting married on July 9th 2016. Chelsea adds, “We started dating summer before senior year (2006) so the wedding will be a great way to celebrate our 10 year dating anniversary!

“Greg proposed on the University of NOTRE DAME FOOTBALL field! Ahhhhh I still cannot believe it happened there to this day! I feel so incredibly lucky! We are HUGE Notre dame fans! Come to find out from the ushers that day that we were officially the FIRST EVER proposal on the brand new Notre Dame ‘turf’ football field! Now whenever we watch a home game it feels surreal that we got engaged on the field. Props to my fiancé for pulling it all off. Greg also had a secret photographer to capture all the moments.”



2007 Courtney Duncan and Joe Gaeta Courtney’s mother Mrs. Carol Duncan-Erskin emailed the news that Courtney and Joe are engaged to be married on July 3, 2016.

2008 Michelle Loria and Taylor Shirk Michelle’s mother sent in an email sharing the news of Michelle and Taylor’s engagement!



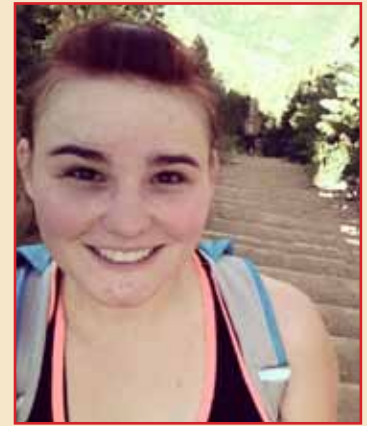
2010 RoseAnna Torres Flores Rosanna’s mother Lillian shared that RoseAnna married her husband Cesar in 2013, and they are expecting their first baby this spring.





Erin and hubby before her wedding

2010 Erin Perkowski Ullery “Thank you so much for sending me the newsletter. I cried, learned, and enjoyed hearing about all the happenings. Being here in Colorado since graduating in 2010, has been wonderful! It has been a wild adventurous ride so far. I met my husband here at Fort Carson and we got married in December 2012, but had the big celebration with our families the following July. We bought a house here two years ago, snowboard, hike, mountain bike, have three handsome dogs and cheer on the Broncos every game day (Go Todd!). I currently work at a country club waitressing and learning the in’s and out’s by being the Food & Beverage directors assistant. I miss Cali’s beaches and warm weather, but am incredibly happy here and can’t wait for the snow! I’ve attached a few pictures and send the Paraclete family love.



Erin Ullery at Manitou Incline

“The pictures are of our wedding and the Manitou Incline (taking the Standard Loop - 3.7mi, up 2,000 vertical feet - I did it in 1hour 35minutes).” [Editor’s note: quoting Manitou Incline’s website – “Trail Dif-



2013 Sterling Scott sent in this update since the last newsletter: “I just recently returned back from my trip [to the 2015 World Economic Forum on Africa]. Man, I really do not know where to start. Well, first and foremost, I would have to say I am thankful to be part of the program. An alumnus from UC Santa Cruz, Melvin Cox, who makes documentary films and has gone around the world, came back to the university in order to give students like myself the opportunity to experience new horizons across the world, bridge gaps between cultures by friendships, but most importantly inspire change in perceptions that we as Americans in underdeveloped nations, especially on the African continent. Long story short, I was involved with this project for a year: raising funds, learning video techniques, and also learning of different nations in Africa. On my journey, I was in London, England, Cape Town, South Africa (where the Forum was), Dar es Salaam, Tanzania, and also Doha, Qatar, although in the airport. Not only did I become more aware of the world around me, but I gained more understanding of my identity as an African American. Unfortunately, when we got to the conference, we were denied access. Politics right! However, that did not stop us from shooting film. Life in these countries is not so different from ours, but we, as Americans and as human beings, must take a deeper look as to what or who exactly are causing so many problems in order for change to occur in the upward fashion. So at the end of the day, it was

a huge success, especially for the first time something like this was formed at the university level. We hope to have the film edited and ready to go by fall [2015], but there are no guarantees. We do also plan to make ‘Focus on Africa’ a permanent class and I was selected as a leader for the future class groups throughout my undergrad tenure. I can go on for days about my experience. I am currently a Biology and History (emphasis in African/African American Studies), going into my third year and still not exactly sure what I want to do when I step out into the career world. But I do know one thing for sure, I enjoy helping others. So if my calling is into international medicine, politics, investment, etc., this trip has definitely gave me that outlet to explore and I am thankful it.”

2014 Brittni Dorsey plays volleyball for Northern Arizona University. Her team set a school record this year with a 17-match win streak and claimed their first ever Big Sky Championship title. NAU has earned the right to play in the elite NCAA Division I Women’s Volleyball tournament. The 64-team field will be selected from 328 NCAA Division I institutions sponsoring the sport of women’s volleyball. Of the 64 teams, 32 teams will receive automatic qualification with the remaining best 32 teams selected on an at-large basis. Congratulations on a successful season!

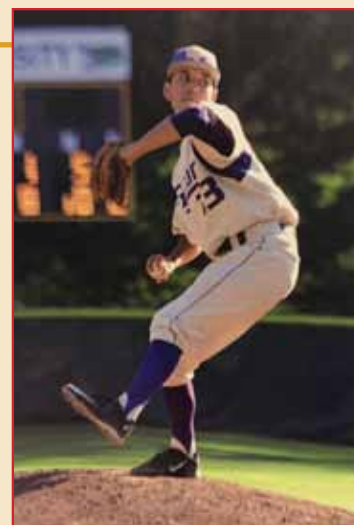


Staying Connected

2014 Catherine Collins and **2014 James Scanlan** stopped by for a visit. Catherine attends Cal Poly San Luis Obispo, and James attends and plays baseball for College of the Canyons. Catherine also shared the great news about her sister, **2013 Sara Collins '13!** Sara accepted a full ride volleyball scholarship from UC Riverside. Go Highlanders!

2014 Shae Metzgar enjoys weightlifting. She is a sophomore at A V College and hopes to transfer to Cal State Fullerton. "GO CLETE!" added Shae.

2014 Emmanuel Sanchez recently started his second year as a seminarian in Gardena at the Juan Diego House. He hopes to be ordained as a priest in 2023. Blessings to you, Emmanuel!



Cody Csulak '18 and John Serrato '15 represent Team USA in the Dominican Republic

2014 Grant Vogenthaler (above) is currently attending San Francisco State University and is a pitcher on the baseball team. Grant recently reconnected with PHS and sent an update: "Being in San Francisco is a big change from Lancaster. The two probably could not be not much more different from each other. However, I am really enjoying myself, and as a sophomore I am excited to have a few more years in the city. I am very thankful for everything that Paraclete did for me up until this point, and I am optimistic about whatever the future may hold. Go Spirits!" Grant's mother proudly added, "Grant was named to the California Collegiate Athletic Association All-Academic Team for 2015!"

2015 John Serrato and current student **Cody Csulak** (sophomore) played baseball with international flair last August in Santo Domingo in the Dominican Republic to represent the U.S. in the Latin American Baseball Classic. Csulak represented the under-14 USA team, and Serrato played for the under-18 team. Both players enjoyed the locals, especially the children, who at times treated the two as rock stars. "A couple of us grabbed some baseballs, batting gloves, sunglasses, whatever we could muster up to give to the local kids, and they were so grateful. Their eyes lit up. It was good to see," Serrato said. The trip of a lifetime wasn't just about baseball; life lessons were imparted as well. Seeing themselves in the Team USA uniforms was a thrill. Leaving was bittersweet – they were leaving behind memories with teammates and locals they just met, as well as the customs of a country they had at times found startling. "I've never seen four people riding on the same motorcycle before," Csulak said.

Homecoming 2015



Mock Trial



Early March found Paraclete's Mock Trial Team approaching its third round versus Eastside High School at the Antelope Valley Courthouse. The team members take on the roles of attorneys, witnesses, and courtroom personnel in order to argue their case against other high schools. In the first round, Paraclete defense defeated Highland prosecution with a score of 369 to 346. Antelope Valley High School defense narrowly won over Paraclete prosecution 243 to 225. Congratulations to everyone part of this amazing program! The team would like to thank Mr. McGuire (moderator), Mrs. Bandziulis, Mr. Ladensack, Superior Court Judge Estes, and all of the parents for their help and support.

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Robotics

THE ROAD TO THE CHAMPIONSHIP STARTS HERE...Congratulations to the Paraclete High School Robotic Team for winning the LAFTC (First Tech Challenge) Regional Championship held Saturday, February 27, 2016 at Monrovia High School. 48 schools entered the competition and Paraclete's Robotics Team took home the championship title. As the captain of the winning alliance, the team also took home the Compass Award and the Rockwell Collins Innovate Award. They are not finished...the team will represent our region and continue to compete in Oakland, California over Easter break.





Upcoming Events:

Career Days

April 6 and 13, 2016

Softball 2015 CIF Championship Celebration

Saturday, April 9, 2016 at Marie Kerr Park, Palmdale, double-header versus Alemany at 3:00 and 5:00

Questions? Contact Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

2016 Graduation events

Baccalaureate

Wednesday, May 25, 2016, 7PM at Saint Serra Church, Quartz Hill

Graduation

Tuesday, May 31, 2016, 6PM at The Hangar - Jethawks Stadium, Lancaster

PHS Booster Club's Annual Golf Tournament

Monday, June 13, 2016 at the Antelope Valley Country Club, Palmdale

Questions? Want to help with this event?

Contact Margaret Neill at MNeill@ParacleteHS.org or (661) 943-3255 ext. 115.

PHS news is published by Paraclete High School. Its contents are made possible by members of PHS staff, faculty, alumni, students and parents. Any comments about this newsletter or if you need to update your address information, or would like to submit articles, please contact:
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