

PHSpirit

FALL 2016



*A PUBLICATION FOR
THE COMMUNITY OF
PARACLETE HIGH SCHOOL*

The Catholic High School of the Antelope Valley



Celebrations!

Deacon Jeyaraj William was ordained to the priesthood with Bishop Joseph Brennan as the prelate on June 18th at Saint Serra Church in Quartz Hill. Paraclete High School is lucky to have Father Jey as a faculty member teaching senior religion. May the love of the Lord be with Father Jey always!

“Now may the God of peace...make you complete in everything good so that you may do his will, working among us that which is pleasing in his sight, through Jesus Christ to whom be glory forever, and ever. Amen.”
Hebrews 13:20-21

PHSpirit

SPRING 2016

PHSpirit is published biannually by the Office of Institutional Advancement at Paraclete High School for alumni, parents and friends.

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On the Cover:
Students promoting the Spirit Cheer Committee on Club Day



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Class of 2016



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Words From Our New Alumni...

Kyana Aston “Paraclete High School prepared me for what college has to offer. I feel as though I was prepared spiritually, mentally, and academically in so many ways. I have grown so much as a person because I have attended Paraclete High School.”

George Clifford Favorite memory... “...each and every cherished memory I shared in my camaraderie with my classmates, acquaintances, and old friends along with my time spent learning in classes in which the teacher exceeded my expectations.”

Michael DeRose “I believe that my Paraclete education has sufficiently prepared me for college life and the pursuit of an undergraduate degree. Not only have the classes I have taken prepared me for college, they have also prepared me for life in the real world.”

Nicholas Drinhaus “Paraclete prepared me for the rigors of time management and discipline required to succeed in a college environment. Paraclete’s counselors demonstrated genuine care for my future.”

Patricia Hinanay “My most memorable experiences are memories I’ve made in Campus Ministry. I have met some of the best people through this ministry and have experienced a lot of personal growth through the guidance of Father G and my fellow ministers.”

Isaac Vieira “My most memorable Paraclete experience was the first time I stepped into the gym and saw the school unified at a rally during freshman orientation.”

Erin Lightbourn “My most memorable Paraclete experiences were when the school united together during rallies!”

Performing Christian Service helped me...

Jeremaine Patrice Bello “I learned that sacrificing my time could be worthwhile.”

Tyler Bybee “It helped me broaden my horizons; it also helped me discover what I wanted to do with my life.”

Emma Deuschle “The opportunity to help others allowed me to realize how blessed I am and how I should share my blessings with others.”

Brandon Floyd “It taught me what true joy is.”

Matthew Mansholt In helping others... “Little things matter.”

Alexandra Vasconez “It got me closer to my community and to my faith.”

Gillian Robin “I actually want to work for a non-profit, so Christian/Community service helped me find my calling.”



2016 Class Stats:

123 are heading off to a four year college
 46 plan to attend a 2-year college
 2 military academy appointees
 99% plan to continue education beyond high school

To name a few...

Temple University
 Baylor University
 UC Berkeley
 Boston College
 University of the Arts of London
 UC Davis
 Cal Poly Pomona & San Luis Obispo

**Information as of August 3, 2016*

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The Paraclete Experience in five words:

Alyssa Beltran

“enlightening, constructing, memorable, fun, rigorous”

Kailey Chan

“quick, faith, difficult, worthwhile, loving”

Aaron Erickson

“easy, helpful, consoling, fun, prepared”

Olivia Lopez

“The highlight of my life!”

Julia Moles

“challenging, memorable, crazy, fun, awesome”

Michaela Reese

“Paraclete was an amazing journey.”

Dana Reichert

“hardworking, emotional, tough, new, exciting”

Amanda Stadler

“I will miss my class!!!”

Rukky Umukoro

“An unforgettable and challenging experience.”

Griffin Hagen

“A great life starting experience!”

Advice for underclassmen:

Nick Castellanos “Focus on what you want to do in life and revolve yourself around it.”

Brian Estarella “Focus on school rather than friends, and reputation.”

Hannah Roberts “Trust God, and all will work out!”

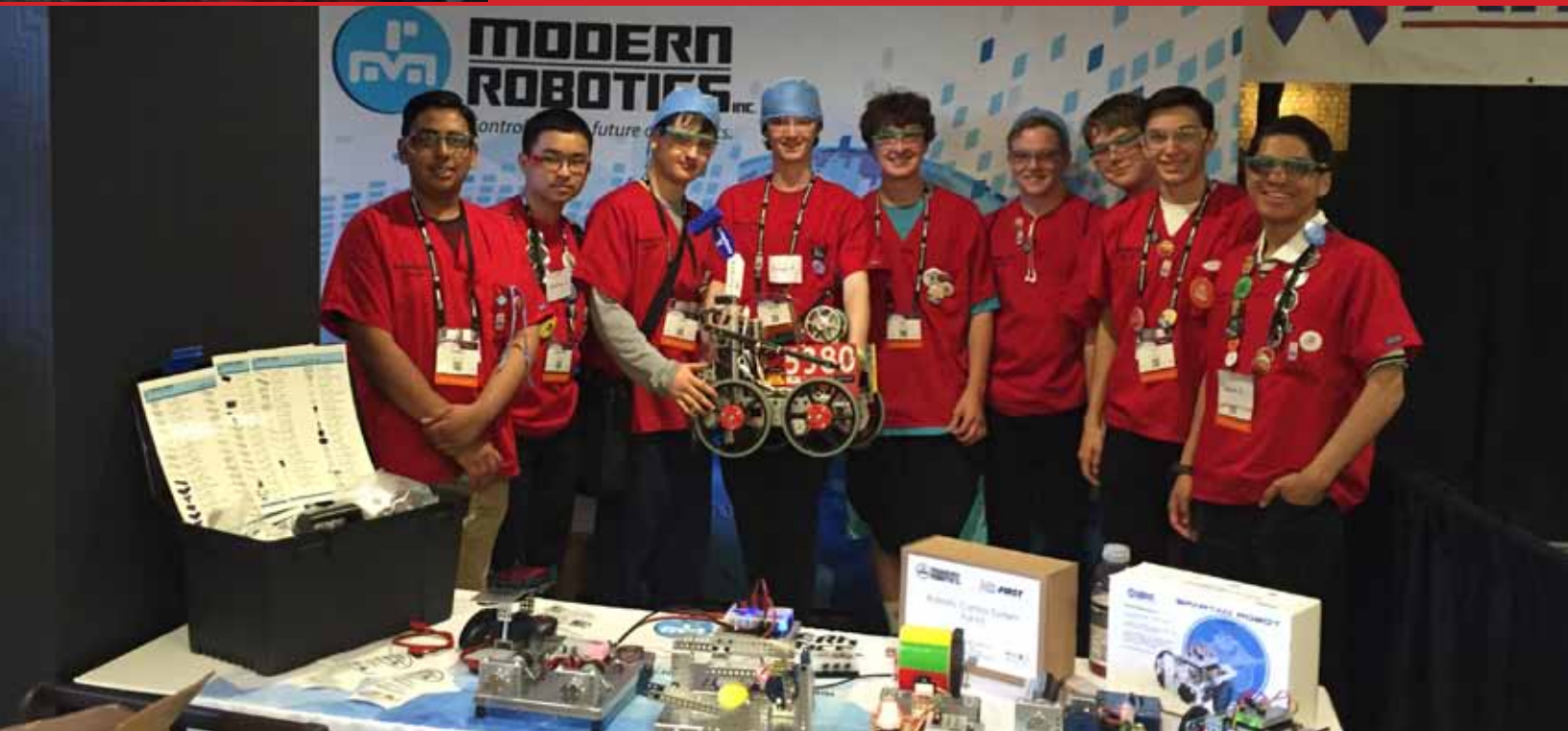
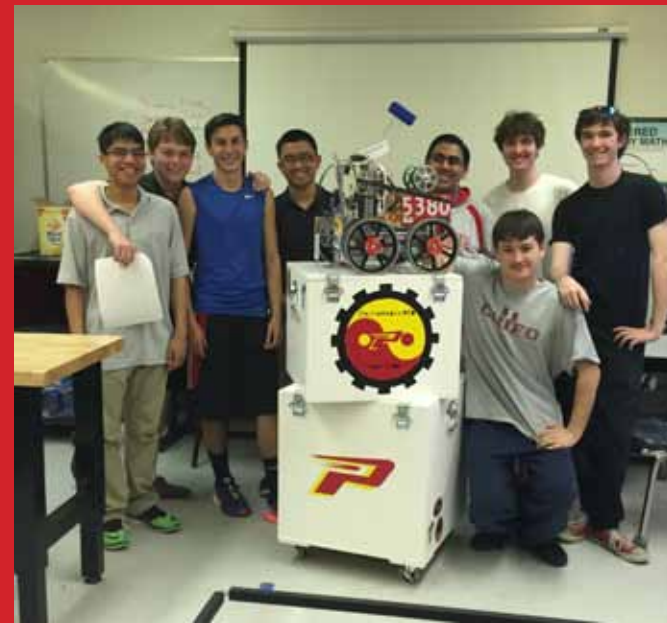


A Sport for the Mind!

Paraclete Robotics Team ElectroMedics Red at World Championships

The ElectroMedics Red Team qualified for the World Championship in St. Louis, MO in April 2016. The four day event was packed with competitions, award ceremonies, making friends with teams from all over the world, the innovation fair where we met representatives from companies involved with robotics, and seminars about the advancement of knowledge in robotics. We learned a ton about teamwork, game strategies, building robots, and came away with a lifetime of memories. THANK YOU! We could not have done this without the overwhelming support of the Paraclete Family. Parents, friends, family, faculty, and industry partners all worked together to make this trip possible. Scott Erickson from Lockheed Martin, our main mentor engineer, put in thousands of hours helping us build and program the robot. Jess Sabile, our CAD (computer aided design) expert from Boeing, helped us design 3-D printed wiring holders and parts. Mike Keidel from Lockheed Martin hand painted robot packing boxes that Lockheed built for us. Wendy and Nathan Andrew started our successful GoFundMe Campaign, the Cuifo family made generous donations, and many, many folks donated monies for the trip. The Paraclete administrative team supported many of our needs including awesome computer tech support, driving us to the airport during a busy school day, supplying our lab with necessary equipment, and helping us with fundraising. Thank you Ms. Stevens, Mr. Kelley, Mr. Anson, Mrs. Troisi, Sr. Cheryl, and Mrs. Novelli.

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PHS Figures It Out!

In March top math students from 13 area high schools attended the 36th Annual Mathematics Field Day working through a series of written problems devised by Antelope Valley College math faculty members. In addition to the test, Northrop Grumman engineers spoke to the students. More than 60 students participated in this year's event.

When the Mathematics Field Day was over, students from Paraclete High School finished in first place in the small school junior-senior competition with teammates Edrick Sabalbuero, Aaron Erickson, and Jack Ringelberg.

Paraclete High School's team of Vita Zhang and Edrick Sabalbuero won first place among small schools in the Leap Frog Relay. The Leap Frog Relay derives its name from the way in which team members are allowed to switch papers to resolve math problems. Congratulations to the Spirited PHS Math Team!



1st Place Team



1st Place Math Leap



PHS Math Team, coached by Mr. Medhat Fangary

In Memoriam...

Mary Watton Eaton, alumna from the *class of '67*, passed away August 9, 2015.

Cleo Martinez retired administrator, dean, teacher, and coach passed away April 5, 2016.

Joseph Shields a member of the *class of 2017*, passed away June 18, 2016.

"The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him." Romans 8:16-17

BACK 2 BACK!

Lady Spirits repeat the CIF Championship with a 28-0 record!

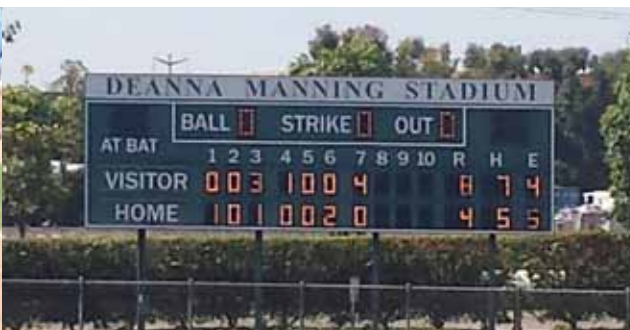


The 2016 Spirits Softball Team made the school records books. Not only did the Spirits repeat their Division VI Championship, but they did so undefeated with a 28-0 record. "They did something that no one else has ever done," Coach Margaret Neill said. "That's pretty special for them."

The championship game was a roller-coaster of a ride that was capped with a three run home run by senior Taylor Roberts in the top of the 7th inning. Her shot over the fence electrified the Paraclete fans, who began chanting, "Who's house? Clete House!"

Starting pitcher Kailla Searcy earned the win, and was quoted saying, "We never worry," when asked about the pressure of an undefeated season. The victory was the 726th for Neill, and the 47th straight win for Paraclete dating back to April 2015.

CIF named Coach Neill as the Coach of the Year for leading her team to another title. Taylor Roberts, MVP of the championship game, was selected as the CIF-Southern Section Division VI Player of the Year. Five seniors will go on to play college softball on scholarships. Congratulations to the entire team, coaching staff, and parents!





2016 grad Michaela Reese is going to realize her dream of being a Division I athlete after signing to play beach volleyball at Grand Canyon University. Michaela played outside hitter for the Spirits, and began playing beach volleyball last year with her club team, and she fell in love with it. PHS Coach Kelly said, "So you take her natural ability, her work ethic, and give her something new and fun like beach volleyball...I'm excited to see her grow." Michaela entertained several offers from indoor programs, but with family not far from GCU, and loving the campus, her decision was easy. Michaela plans on being a mathematics major, and would like to teach math for secondary education. "I'm so excited," Michaela beamed. "I'm going to be a 'Lope!"

From a Spirit to a Grand Canyon University Antelope!

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Spirit Volleyball Serves Up Two Aces!

From a Spirit to a University of Charleston Golden Eagle!



Joey Medina, class of 2016, signed his National Letter of Intent to play volleyball for the University of Charleston in West Virginia. Joey played volleyball for Paraclete all four years, spending three of them on varsity. During his senior season, Joey led the team to their first league championship in 10 years and was named the 2016 Gold Coast League Most Valuable Player.

Living a Dream

His Opponents are Inde-fence-ible!

During the 2015-2016 school year current Paraclete Senior, Stephen Ewart, earned the privilege to represent the USA in the Cadet and Junior World Fencing Championships held in Bourges, France this past April. The US takes the top three fencers in the nation age class plus two alternates to compete. At the World Fencing Championships, Stephen placed 14th overall in his age class losing in the round of 16 to the Polish national champ. This is his second time being named to the US national team. Last year he was an alternate after placing 5th overall in the nation in men's cadet epee for the 2014-2015 season. The year's efforts not only earned him his current US national 2nd place cadet men's ranking on the US national team but, also an international cadet ranking of 14th in the world for 2015-2016.



After his junior year was complete, Stephen was invited to spend a few weeks to train in New York City at the New York Athletic Club with current and future Olympians. The work he put in paid off when he won the gold in Junior men's division at the Summer Nationals and finished 11th in the Men's Division 1 North American Cup events in Dallas TX this past July where he competed with over 6,500 other fencers. He is currently ranked 6th nationally in the men's Jr (U20) team and 20th overall in men's Division 1.

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Over the past two fencing seasons Stephen has flown approx. 130,000 miles and driven approx. 100,000 miles to compete in men's cadet (U17), Junior (U20) and Division 1 epee fencing tournaments around the world competing in 5 countries to include: Armenia, Austria(2), Denmark(2), Finland(2) and Slovakia. His travels have taken him to 10 different states throughout the country. Stephen is dedicated to his sport, training 6 days a week 4 to 12 hours a day to ready himself for competitions.



During the past two school years Stephen has had multiple opportunities to travel abroad and experience many different cultures. He has fond memories of having espresso in a café at 2:00 a.m. in Armenia, ice fishing in Finland with his teammates, having a snowball fight with the Estonian and German women's national team, and experiencing all the sights, sounds, and lifestyle Denmark had to offer. He has had many wonderful exchanges with other fencers from around the world. His most memorable moment came when he traveled to Armenia to compete in his first international event. His airline had a three hour layover in Russia where he observed so many different cultures converging at once. It has been a truly humbling and learning experience. His future plans are to attend college to continue his fencing and academic career.

Career Days

Our thanks to those that spoke at our senior Career Days! Guest speakers included PHS alumni: Paul Salazar '82 represented the California Highway Patrol, Denise Yusuff '99 spoke about opportunities in mediation, Susan (Titter) McDougal '73 discussed career options in education, and Steve Dill '67 discussed seizing opportunities to do great things. Paraclete parents also volunteered including Dr. Mary McCoy who shared the facts and figures of medical professions, and Ben Maish who discussed the banking industry and smart policies for thwarting identity theft. We appreciate the time and talents of our guests. Best of luck to our class of 2016 on successful careers!

Offer your talents as a guest speaker for our 2017 Career Day(s) by emailing Janet Bower at JBower@ParacleteHS.org.

Faculty & Staff News

Ms. Nadine (Nichter) Seidel promoted to Assistant Principal.
Mrs. Marlene McShea, teacher, retired to consult with the Aircraft Avionics Flight Test group.
Sister Cheryl Milner moved on to serve as the director of the Villa Maria del Mar Retreat Center in Santa Cruz.

We welcome new teachers Mrs. Vicki McBride, Ms. Rhonda Alford, Ms. Linda Kudrik (sporting her school spirit on Hero day), Ms. Carissa Brown and Ms. Esthermaria Galvan.



We welcome Dean Herrington! Varsity Football Head Coach



Dean Herrington enters his first season as Head Coach at Paraclete where he will install his successful spread offense, and hopes to bring the same success to Paraclete that he has brought to every school he has coached at.

The former all CIF quarterback at Hart High School, Herrington began his coaching career there in 1984 as the JV Offensive Coordinator, and lead them to a 40-0 record in four years. In 1988, he joined Bellflower High School as Varsity Offensive Coordinator, but was recruited back to Hart the following year, as the Varsity Offensive Coordinator. During the next 12 years, Hart won 11 Foothill League Championships and 4 CIF Championships, capped with a league record of 55-1. He is known to many as the “Hart football dynasty co-architect,” according to A.V. Press sports writer, Brian Golden.

Herrington next guided Occidental College as Offensive Coordinator, finishing the season 8-1, and propelling them to their first conference championship in 12 years. In 2002 Dean was appointed Offensive Coordinator for College of the Canyons, a position he held for 4 seasons. The Cougar’s won four Western States Conference Championships and two Southern California Championships, along with a 14-0 record and the Community College National Championship in 2004. During Herrington’s tenure, COC was 47-4 with a 28-0 conference record.

While head coach of Bishop Alemany High School Herrington led the Warriors to 7 consecutive league championships, including the CIF championship game in 2009, Alemany’s first in its 53 year history. Dean Herrington’s accomplishments have placed him among the elite coaches in Southern California. Herrington owns a 32-year career record of 320-67, a .827 winning percentage, and has compiled 27 league championships. 15 of his former quarterbacks have received NCAA D-1 scholarships, including 2015 University of Oregon QB Vernon Adams, former NFL starting QB Kyle Boller and current Miami Dolphin QB Matt Moore. Herrington graduated from California State University Northridge.

We’re in for a Treat with Coach Newton Chelette! Paraclete Boys Varsity Basketball Head Coach

According to Brian Golden, award winning A. V. Press sports writer, Paraclete is in for a treat with Coach Newton Chelette as the new head boys varsity basketball coach. His resume impresses all and includes television color commentating for Fox Sports, coaching Division I teams, twenty plus years as a Division I referee, eight years university coaching, seventeen years as the head coach for Antelope Valley College, and achieving tournament accolades and conference titles along the way. He coached two NBA players: Joe Dumars and Isiah Rider – both first round draft picks. Coach Chelette has won conference championships at every level coached: high school, Division I and Community College.



And here’s a little something from Brian Golden about our Coach Chelette... “In 2000, a courier from the Middle East arrived with a contract offer from one of the elite teams in the Israeli League. One of his former players had recommended him. High six figures. A villa on the Mediterranean. A limo and chauffeur at his disposal, 24/7. He turned it down, because he was about to realize a lifelong dream coaching his son, Brady, at AVC. A week later, ANOTHER courier arrived from Israel. This time, the salary line was left blank. ‘How much will it take,’ asked the Israeli owner, ‘for you to coach my team?’ A flattered Chelette politely declined. Again. Coaching his son? Priceless. For Newton Chelette, basketball is personal, not business.”

We welcome Coach Chelette with open arms, and appreciate his spirited approach to life and love of the game...and turning boys into men.

Principal Thoughts

“We are ever so proud of our two military appointees in this graduating class!”

Dear Spirits,
Paraclete High School takes pride in preparing well-rounded young men and women who excel academically and who have the confidence to accept the challenges of being a leader. We congratulate the Class of 2016, our 50th graduating class, for their success and wish them the best of luck in their future endeavors. We appreciate the positive impact on our school they have made. They leave Paraclete High School as a better place because of their presence.



We welcome our new families to the Paraclete Family. We are happy you have made the choice to become a part of our community. Whether your son or daughter is an incoming freshman or a transferring student, we appreciate that you see the value of Paraclete High School.

The 2015-2016 school year brought us a bounty of blessings! Through the tenacious use of their brains and brawn, our students shined repeatedly. Our robotics team, the ElectroMedics Red, earned their trip to the World Championship in St. Louis (attended by 20,000 students from 39 countries)! Our 2016 Championship-winning Spirits Softball Team repeated their 2015 victory! And most importantly, consider the impressive stats put up by our 2016 grads – 98% are continuing on to college, 72% are continuing on to a 4-year college in 20 different states, and we are ever so proud of our two military appointees in this graduating class! The Class of 2017 anticipates similar accolades when May 2017 rolls around!

On behalf of the staff and faculty, I would like to thank all of the parents, alumni, and friends for your tremendous support and generosity. As our partners in the educational process, your devotion to our school allows us to carry on the tradition of excellence. Your gift helps struggling families and makes a difference. Our Paraclete Family paves the way for our students to embrace our values...Spirit in Christ, Spirit as Family, Spirit of Knowledge, Spirit for Success, and thus be Inspired to Serve. May God bless you all with His abundant love!

Yours in Christ,
John Anson

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Ways to Give

Paraclete High School offers many opportunities for donors to make tax-deductible gifts in support of the programs, campaigns, and future needs of the school. Please visit our website, www.ParacleteHS.org/Giving to learn more about:

**Annual Gifts Matching Gifts Scholarships & Endowments
Gifts-in-Kind Memorial & Honorary Gifts Planned Gifts**



Is Amazon one of your favorite places to shop? Check out AmazonSmile – a VERY easy way to fundraise for Paraclete! It's an opportunity to support our school with your purchase at no cost to you.

Logging in to www.smile.amazon.com uses the same user name and password as on the regular Amazon site. Prices and product selection are the same, too. The difference is that each user can choose an eligible charitable organization to receive .5% of the price of your eligible AmazonSmile purchases. Paraclete High School can be your choice.

What a simple way to make a difference doing something many of us already do! For more information on this program, visit www.smile.amazon.com or contact Janet Bower at Paraclete at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

Benefit Mobile App Pays with Purpose

Load the Benefit Mobile App today!

Select Paraclete as your choice to support!

Benefit Mobile is a digital gift card platform that funds the things that matter most through everyday transactions. Cards are purchased and delivered within seconds to the mobile app for immediate in-store redemption. Each purchase earns up to a 20% rebate that is sent to Paraclete High School.

It's free and can be used to pay for your everyday purchases from retailers like Target, Wal-Mart, The Home Depot, and American Airlines, just to name a few. All the information about the program and everything you need to get started can be found by going to www.benefit-mobile.com/escrip.

Questions? Contact Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.



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Paraclete Family! Please register your credit, debit and ATM cards as supporters with the eScrip program. Following receipt of registration, a percentage of all purchases made at eScrip merchants will be given back to Paraclete High School.

Please log onto www.escrip.com and go to "sign up." Paraclete's school ID# is 6668039. Register any cards that you use – VISA, MasterCard, American Express, Discover, debit and ATM cards.

There are two ways to fundraise for Paraclete through eScrip:

The first is the Dining Out Program:

Dine at any of the restaurants affiliated with eScrip and pay with one of your registered cards. Local establishments include Black Angus Steakhouse, Texas Cattle Company, Fresco II, and Sushi Zen. There are several restaurants located in the Santa Clarita area that participate also. Click on this link for a complete list of local restaurants: <http://escrip.rewardsnetwork.com/search.htm?q=93534&e=> Up to 5% of your check will benefit Paraclete High School.

The second way is to begin all your online shopping using eScrip's Online Mall. Check out this link: <https://shopping.escrip.com>



Many popular retailers are part of eScrip's On-Line Mall including: Apple, Macys, Microsoft Store, Nordstrom, PETCO, Staples, Sephora, Starbucks, Target, and Home Depot. Travel websites are also part on the On-Line Mall including Expedia, Hotels.com and much more. PHS receives up to 4.8% of orders placed through eScrip's On-line Mall. Call Vicki Novelli at 661-943-3255 x128 or Janet Bower at 661-943-3255 x111 with any questions.

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Thank you to all who donated for the Robotics Team trip to St. Louis, Missouri for the World Championship

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Alumni Profile

Krista Novelli *Class of 2011*

“Be completely humble and gentle; be patient, bearing with one another in love.” Ephesians 4:2

Words from a supportive and service-minded Spirit!

“After completing my degree in Communication Disorders at Cal State Fullerton and obtaining my state license from Loma Linda University, I now work as a Speech Language Pathology Assistant (SLPA). Currently, I’m working in a school and clinic that is specifically geared to help non-verbal students. My typical day involves speech therapy sessions with children and adults with various disabilities. When you help a parent hear their child’s voice for the first time or have a breakthrough with a patient on their communication device, the hours of work you’ve put in become truly gratifying. This field has taught me that patience and kindness can make a significant impact in an individual’s life. Those virtues were instilled in me from my many years in Catholic schools and helped create a foundation for a successful career in this field. Being an SLPA has given me incredible experience and will benefit me greatly during my master’s program in 2017.”



Krista with sister Jenna '06

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Making a Difference

Denise Yusuff believes in Paraclete High School, and the pleasure of paying it forward. The class of '99 PHS grad visited Paraclete in April with two purposes. She requested essays from nominated students who display outstanding communication skills, conflict resolution, or students who promote peace. The essays were so touching and heartfelt, that Denise generously bestowed a monetary gift to each of the nominated students. Later the same month, Denise attended one of our Career Days for seniors as a guest speaker. Denise shared her college experience and her work as a mediator with the 2016 class. Thank you, Denise, for making a difference at Paraclete!



PHS Connections

Louis Mang 1985 Eric Fedors 2016 Louis shares “Eric Fedors and I went to Japan to compete in a Batto Do (sword) competition. Both of us train at the Shindenkan Budo Dojo here in Lancaster. I have been training and teaching Martial Arts for many years now after high school. Eric and I were partners competing in the Nakamura Ryu Taikai in Tsurumi, Yokohama, Japan in Batto Do. We competed in the Kata (Forms), Tamishigiri (Cutting) and Kunitachi (Two Man Kata) Divisions. It was a great experience especially with two Paraclete Alumni years apart competing together in Japan.”

Staying Connected

1969 Keith Walker stopped by for a visit at Paraclete. He is retired from the railroad, and lives in Arizona.

1975 Tim Hansen asks “Where did 41 years go? I don’t know, but it’s been a wild ride. I left high school went into the Air Force, traveled all over the world for four years, got out and went back to Antelope Valley College for two years and received my Associates degree in Air Conditioning.” Tim moved to New York and with his some hustle he has been working for one of the largest HVAC companies for the past 21 years. “I teach my trade at night to students looking to get into a trade. I have worked my way up the ladder to Service Supervisor of Operations, big title I know,” quips Tim. “But it does come with a nice vehicle, salary and expense account,” he added.



Tim enjoying a river outside Medford, Oregon, and with his granddaughters Holly, 12 and Ariana, 3.

1975 Karen (Folzman) Snow enjoyed Baseball Spring Training in Arizona this year. “Spring Training is fun, so much more intimate than the regular season games!! Looks like we’ll go to 8 or 9. Plus there is a really cool annual Indian Market at the Heard Museum; I have a Navajo friend who’s a potter who shows there!” Karen shared. More recently, Karen took a trip with her daughter to Barcelona, Spain where the photo was taken. *Pictured right.*



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Photo caption: L-R: Sr. Beatrice, Sr. Sarah Schmitt (grew up in Lancaster but did not attend Paraclete) and Muriel Gillis Machin.

1977 Molly (Gillis) Machin shared the news about her visit with Sister Beatrice [PHS teacher from 1971-1979] “You may remember the long-time home economics teacher Sr. Beatrice. Several months ago I had the pleasure of visiting her at a Holy Cross Retirement home in Ventura. She has since been moved to the mother house in Indiana. I think that she would enjoy receiving letters from her former students.” Thank you Molly! Sister Beatrice also taught Family Management, Religion, and Business Math. Write to Sister Beatrice at:

Sr. Beatrice Piper
St Mary’s Convent
5th Floor
100 Lourdes Hall
Notre Dame, IN 46556



1979 Rick Ochoa & **1982** Yvonne Photias
Congrats to Yvonne and Rick who were married March 26, 2016 at Bermuda Dunes Country Club near Palm Springs!



1985 Ralph Wood and his son, Raymond, recently travelled to Guatemala on a medical and faith-filled mission. Ralph shared beforehand, "I am so excited to have this opportunity to share in God's works of mercy on this earth. It is even a greater honor to share the experience with our dear son Raymond. I pray that he and all of our children will learn to give freely of the gifts that God so generously rains down upon them. I think that this is a beautiful calling, to receive graciously and humbly, and then, to share unselfishly. I am blessed that my talents include my skills as a nurse and my Spanish language skills. Raymond is blessed with a love of cooking and of helping others.

"As we go, I would like to ask one favor of you all: your prayers. Pray for Raymond and me - that we may be protected from harm and energized in our work. Pray for our patients, that their surgeries and dental care may be without complication and their recoveries fast. Pray for the surgeons, dentists, anesthesiologists, nurses, cooks, translators, construction workers, and other volunteers, that their hearts may be joyful in the works that they perform. Thank you all for your love and support." Keep Ralph, his family, and all those on future missions to help those less fortunate in your prayers.

1995 Joey Hahne

1995 Joey Hahne stopped by for a visit at Paraclete in June from South Carolina. He missed the '95 reunion last year and hopes he catches the next reunion. Here's Joey's news: "Thank you again for showing me around and bringing back some great memories for me. I hope the new school year has started off well. Right now I am the sales rep lead for Acosta sales and marketing at Parris Island. They are a food service/broker company that represents many name brands we buy in the grocery store. Beyond professionally I volunteer at St Vincent de Paul Society when my schedule lets me. I am not married and have no children - maybe that will change one day, but I do have an awesome dog named Bailey. She loves to root for the USC Trojans lol. God bless and may the Spirits have a great year academically and on the sports field."



1994 Maria (Dimaano) and 1994 Andrew Ulwelling sent in this news... "Life has been very blessed at the 'Ulwelling Dwelling' as we welcomed our first child, a little boy Cameron, in June 2015. We have enjoyed living in Orange County since both graduating from UC Irvine with our undergraduate degrees in 1998. Andrew is an attorney and works for a law firm in Irvine. Maria is a high-end residential designer working on custom projects coast to coast. We think fondly of our fellow Spirits, especially from the Class of 1994."



1999 Carmen (Hall) and Gary Garland Carmen emailed Paraclete with their news. "We moved to Fort Worth, TX in 2007 and we love it here. Gary teaches math at a community college. He has a passion for woodworking and makes just about everything wood in our house. Our boys are taking after their Daddy with that passion. I homeschool our boys (Luke-age 9, Jake-age 7, and Matt- almost 6.) Our baby girl, Mary Evelyn (Meg) just turned one. I have a small photography business. All of our boys play baseball- we keep quite busy with that, as well. Although we make it to many Rangers games, the Dodgers are still our favorite. Gary still watches all of them."

2007 Joseph Gaeta and 2007 Courtney Duncan

The high school sweethearts were married on July 3, 2016. "It all began in their sophomore year at Paraclete 11 years ago, when they had classes together in Mr. Keever and Mr. Leonard's classrooms! Joe is now working in Project Management for Fitucci Custom Cabinets. Courtney earned her Master's degree in School Psychology and is the Behavioral Specialist for the William S. Hart Union High School District. They have recently purchased a home in Santa Clarita and are enjoying being puppy parents to their dog, Frank," shared Mrs. Duncan-Erskin, Courtney's mother.



Joe & Courtney Gaeta

2007 Julianna Dluzak married Michael Larkin at St. Mary's Church in July, and honeymooned in Ireland, shared Mrs. Dluzak, Julianna's mother. Julianna is a special education teacher at Eastside High School, and her husband is a correctional officer. Julianna and Michael reside in Lancaster. Julianna's dad, Ernie, also graduated from PHS in 1972.

2008 Katie Rodrigues served a tour in Afghanistan in the Army, and sister 2011 Sophie Rodrigues is attending Cal Poly Pomona and is involved with an international mission.

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2010 Symone LaSalle keeps in touch with Paraclete with this news. "I am currently a 4th year senior at Colorado Mesa University. I am graduating this upcoming fall semester in December with a bachelor's degree in business administration. I am extremely excited to graduate and go back to California!"



2007 Amelia Wayne responded to our requests for alumni to let us know what degrees they earned. "I recently graduated from California Lutheran University with a B.A. in Religion. I'm currently engaged in an interdisciplinary M.A. at Claremont Lincoln University (a new, inter-faith university affiliated with Claremont School of Theology, The Academy for Jewish Religion, California, and Bayan College), focusing on Christian History and Cultural Studies. I plan to pursue a PhD sometime in the near future.

"I have to say, without the fantastic training I got at PHS, I would have greatly struggled through my undergraduate career. Thankfully, with the help of good teachers, I was able to cultivate the writing and critical thinking skills which distinguished me from my fellow classmates. I graduated Magna Cum Laude from Cal Lutheran in 2011. Ms. Nichter and Ms. Centeno's AP English classes, religion classes, and most especially Mr. Ladensack's History of Philosophy course were instrumental in that process. My love to everyone at Paraclete!"

2008 Chelsey and 2009 Courtney Smith "We are proud to share that this past May our daughters each completed their post graduate work!!" proclaimed their proud mom and dad. "After graduating with her B.A. from CSULB, Chelsey Smith Class of '08, was offered a full-ride scholarship to University of the Pacific, McGeorge School of Law. She remained in the top of her class all three years and graduated with distinction on May 21st surrounded by family and friends! One week prior, to that ceremony, Courtney Smith Class of '09, graduated with her Masters of Arts in Speech-Language Pathology from The George Washington University in DC (to compliment her B.A. from CSULB in the same field)! Courtney will begin her career as a Speech Language Pathologist with Los Angeles Unified School District on July 1st and looks forward to working with students at local elementary schools. Chelsey plans to work in the public interest sector and will begin an internship with Los Angeles Dependency Lawyers in September."

6a caption: Courtney and Chelsey Smith celebrating with parents at the State Capitol.

6b caption: "Repping" their schools at the US Capitol.



2015 Brennen Bryant – studies business administration at USC and performs under the name Ladell (rap genre). He held his first concert in Canoga Park in August. Brennen also booked a gig at a "legendary rock place" to take place in September. Best of luck to Brennen! The sky's the limit!



Reunions

Class of 1991 Reunion!

The Class of 1991 celebrated and reminisced at their 25th reunion. Forty people attended (several came from out of state) the spirited party in “The Spare Room” at the historic Roosevelt Hotel in Hollywood. The planning committee included Derek McMurtry (1991 Class President), Yanir Ram (ASB President), and Lena Lewandowski Smyth (ASB Publicity Chair). Those enjoying the reunion included: Andrew Barbuscia, Albert Barbuscia, Laura Staats, Tara Monaghan, Diane Monaghan (92), Holly Ludwig, Yanir Ram, Danielle Carbajal, Bill Hebert, Tom Perazzo, Devin Houlihan, Heather Berg, Brighton Bacchus (89), Chris Cherioli, Amy Ulberg, Chad Eberhardt, Joey Curtis, Tamar Davis, Lena Lewandowski, Alesha Kneisel (92), Derek McMurtry, Veronica Aguilar, Ted Wade, David Dragotto, and John Harris – who sported a Paraclete polo showing his Spirit pride!



Class of 1991 25th Reunion



Veronica Aguilar, Heather Berg, Zohar (Ram) McMurtry



Yanir Ram, Lena Lewandowski Smyth, Derek McMurtry



Amy Ulberg, Devin Houlihan, Laura Staats

Class of 2006 Reunion

Keep calm and don't miss your 10 year reunion!

The Class of 2006 will rekindle friendships on November 26, 2016 at the Embassy Suites in Palmdale. For more information, contact Becca Resnick at becca.resnick@yahoo.com.

Class of 1972 Reunion

“Live your life and forget your age.”

Norman Vincent Peale

The Class of '72 will hold their 45th Reunion on September 23, 2017 at the home of Tina Kesselring (Noreika) in Simi Valley, CA. Save the date – you have more than a year to plan to attend! Additional details forthcoming. Contact Tina at speechie4evr@yahoo.com if you have questions.

Class of 1996 Reunion

Time to renew our friendships!

When: Saturday, October 22, 2016, 6 - 10 PM.
Where: BeX Bar & Grill, 706 W. Lancaster Blvd., Lancaster, (661) 945-2399

Cost: \$40.00 per person

Contact Becky (Errea) Bartlett at boardgr196@yahoo.com or Danielle (Garland) Thorpe at dodgergirl@gmail.com for more information

Welcome Class of 2020

Orientation 2016





The start of the year began with a week long orientation that was welcoming and energetic. The class of 2020 was greeted by over 200 students from grades 10th -12th on August 15th and 16th. The days included several informative stations including Academics, Sports, meet Mr. Anson, hearing about the history of the school and many more. The week also included the Freshmen barbecue, Freshmen mixer dance and a Friday competition rally. The Seniors won!



*Left to Right:
Seniors that set-up for Freshmen Mixer
ASB officers as tour guides.
Drama Club at the club sign-up event
The Freshmen Mixer
The new Freshmen class officers.*



Upcoming Events:

Grandparent Day

Thursday, September 29, 2016

An enjoyable day for grandparents and their PHS grandkids!

Fall Drama Production

Check the school website for more information.

Las Vegas Night

Saturday, November 5, 2016

7-11 PM in the Godde Gym

Brought to you by the Paraclete Parent Organization

Homecoming 2016

Homecoming Pep Rally

Friday October 21, 2016

Homecoming Football Game

Friday, October 21, 2016 7 PM at AV College

Informal alumni gathering at Schooner's in Lancaster after the game.

Homecoming Dance

Saturday, October 22, 2016

Open House

Saturday, November 5, 2016 1-4 PM

Saturday, January 14, 2017 1-4 PM

Do you know a young person who is looking for a great high school experience?

Bring them to our Open House and show them all Paraclete has to offer!

Alumni Baseball Game

Saturday, December 24, 2016 at Paraclete

Additional details TBD

Entrance Exam

Contact **Monica Hund** at mhund@paracletehs.org or

(661) 943-3255 x155 for more information

Workshop – Saturday, January 21, 2017 8:30 AM

Exam – Saturday, January 28, 2017 8:30 AM

PHS news is published by Paraclete High School. Its contents are made possible by members of PHS staff, faculty, alumni, students and parents. Any comments about this newsletter or if you need to update your address information, or would like to submit articles, please contact:

Janet (Godde) Bower

jbower@paracletehs.org

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